

Asparagus Fiesta Potatoes

- * 8 large baking potatoes
- * 1/2 cup diced red sweet pepper
- * 1 pound lean ground beef
- * 1 package taco seasoning mix
- * 3 1/4 cups cut asparagus
- * 2 cups shredded monterey jack or cheddar cheese
- * 1 1/2 cups whole kernel corn
- * 1/2 cup diced onion
- * Sour cream (optional)

Bake potatoes at 350° F for one hour or until done, or in microwave oven on high for 15 minutes. Prepare ground beef with taco seasoning according to package directions. Add 1/4 cup water to asparagus, corn, onion and sweet pepper; cover. Microwave 4 minutes on high in microwave-safe dish, or steam on top of stove in a saucepan for 4 to 6 minutes. Add drained asparagus, corn, onion and sweet pepper to meat mixture. Cook until asparagus is tender. Cut open baked potatoes. Top with asparagus/meat mixture and sprinkle with cheese. Warm potatoes in oven or microwave to melt cheese, if desired. Yields 8 servings.